

# BRIDGES

## ON THE SCENE:

Bridges attends LUGO, Mendel Art Gallery's popular fundraiser **P. 4**

## SPACES:

Regina bungalow from the '50s gets a rockin' modern redo **P. 6**

## WINE WORLD:

If you like seafood or spice, substitute a rosé for your usual white **P. 19**

WEDNESDAY, JANUARY 14, 2015

A STARPHOENIX COMMUNITY NEWSPAPER



## FAITH IN ACTION

FORLÈS AND IRENE DUBE, FINANCIAL SUCCESS WOULDN'T MEAN A THING IF THEY COULDN'T HELP OTHERS **P. 8**

FREE

## IN THE CITY

# JANUARY 11, 2014 - 3:46 P.M.

## Walking the runway



Self-reliance features the largest number of features for the finger, including the digital flexor tendons of the flexor digitorum profundus and superficialis.

# INDEX

## # ON THE COVER PG. 8



Phil and Carol smile and pose. Carol believes their good fortune is a gift from God and they intend to give back by helping others. BRIDGES PHOTO BY BRUCE WALKER

## # TABLE OF CONTENTS

### IN THE CITY — 2

A moment in time: Photographer Michelle Doria shows what defines the week.

### ON THE SCENE — 4

Bridges was on the scene at LUGO the popular annual fundraiser for the Mendocino Art Gallery.

### SPACES — 8

Finally turns in 1959 bungalow in Normandy Heights from dreary and depressing to bright and colourful.

### READ MY BOOK — 7

Why you should read: After the Truck Hit, Jennifer Ruchelke's True Story.

### ON THE COVER — 8

A look at the life of two of Saskatchewan's most generous philanthropists: Lisa and Gene Dubin.

### CROSSWORD/SAVING — 13

### EVENTS — 16

What you need to know to plan your week. Several listings to: [bridges@thestarphenian.com](mailto:bridges@thestarphenian.com)

### OUTSIDE THE LINES — 16

A weekly column for those in lack of all ages by artist Stephanie McKay.

### GARDENING — 18

All America Selections picks a peck of perfect peppers.

### WINE WORLD — 19

If you like seafood or spice, substitute a rose for your favourite white.

## # SPACES PG. 6



Alice Fleming's home, a late-19th-century modern bungalow in Regina has been transformed into a well-lit, colorful haven. BRIDGES PHOTO BY BOB HEALD

## BRIDGES COVER PHOTO BY GREG PENDER

Bridges is published by The StarPhoenix — a division of Postmedia Network Inc. — at 204 Fifth Avenue North, Saskatoon, Sask. S7N 2P1.

Bobbie McLagdon is editor-in-chief.

For advertising inquiries contact: 657-6340; editorial: 657-6327; home delivery: 657-6320. Hours of operation are Monday to Friday 8:30 a.m. to 4:30 p.m.

The contents of this publication are protected by copyright and may be used only for personal non-commercial purposes. All other rights are reserved and commercial use is prohibited. To make any use of this material you must first obtain the permission of the owner of the copyright. For more information, contact the editor at 657-6327.

# ON THE SCENE

## # LUGO GOLD

Hundreds of people attended LUGO Gold Saturday night at the Mondel Art Gallery. The sold-out fundraiser event featured a variety of performances, from music to dance to drag, as well as food, visual art and even hand massages. It is the final event of its kind to take place at the Mondel, which closes permanently in June to prepare for the opening of the Roman Modern Art Gallery in 2016.

BRIDGES PHOTOS BY DEREK MORTENSEN



# ON THE SCENE



1. Wade Holloway and Keegan McShane

2. Tomoko Jordan writes a letter at the BSA Artist Collective's "Warm Tunes" event

## # ASK ELLIE

# Informed approach needed for dealing with addiction

**Q.** My niece was a quiet, well-behaved girl growing up, and early on showed she had a big heart. She brought home stray cats and made friends with the less popular kids. She carried home to dinner two kids whose cages were visited later a couple of nights.

At 35, she'd finished college and landed a job in her field. That's where she met a guy who was very kind, some and charming, but he was unsteady, working only sporadically in temporary jobs. She fell hard for him and was staying out late nights, doing gang bangers off to work. She finally confessed to her parents that he was "junk" and needed her to lay over.

It took some time before my brother and his wife realized that her boyfriend was a drug addict. His already dropped out of two rehab attempts.

They tried to reason with her that this was his problem and hoped her "rescue" jobs might be enough to let her and moved out from her family

## Ask Ellie

home to her family. She was a great mom. She only contacted her parents every few weeks.

The truth emerged that she had become addicted. She'd lost her job. She'd spent her savings. They'd had two more kids, and her parents felt they had to take them in.

That was nine months ago. As the older brother of her father, I've been here to help her. She's exhausted and passed out. He and his wife both work. Their older two children are married and gone, so the young couple sleeps in the house all day.

"There are sparks of progress, and then they fall back.

They attend a clinic, get checked by a doctor regularly when on the program, and are sound positive for a while. Then these cracks appear.

Her boyfriend can be helpful, only hyper or dependent and we all fear for her safety at times. They're inseparable now like one disaster waiting to happen.

My brother was thrown from out and his wife was even worse. They don't want a counselor because they don't want to hear about tough love "solutions." They believe their daughter wouldn't survive.

The American city where we live has addiction specialists, clinics, programs, support groups etc. that the couple can't be trusted to stick with anything, and the parents are terrified to try to force anything from which they'll flee and go underground.

I'm asking if any of your readers have experienced this drug addict with grown children and found the way to help them overcome.

Am my brother and his wife doing

the right thing by offering them a small loan, support, free food, and a comfortable home? Or are they just delaying the inevitable?

Are there specific types of rehab programs that really work, and what makes the difference between those "graduates" who stay clean and those who fall?

## Desperate Uncle

**A.** The effort of your relatives to try to save these two young people from a final tragedy, as a very new way story.

"There is hope for change and recovery from addiction, as evidenced from some success stories we hear about. But it sometimes takes a lot of time and effort to get to that point."

In this case, many would say that enabling the couple through deep denial is not working.

"Though programs exist, finding the crucial key to connect addicts to the will to overcome their demons daily is the goal."

I'm 35, female, and single. I have

a good job, terrific girlfriends and gay friends, and a "friend with benefits" when I want one.

I say sorry sometimes that I'm not meeting those good years worrying about it.

My question: If I had that I really want a child, is there a stigma to a child born through in vitro fertilization with donor sperm?

## Future Fertility

**A.** Children need the security of love and encouragement which come in many forms. So long as you are comfortable with the idea, there should be no stigma.

A child can grow the confidence she/he needs from the support of a caring "village" consisting of you, your family, girlfriends and gay friends.

You may encounter the old saying: "I've consented but that happens in almost any circumstance."

What's important is how YOU explain to your child how much you loved her/his, and that it was just a mistake.



3. Jacqueline Woods and Keegan McShane

4. Joel Kleber, Kristin Kleber, Iris Van Schellenderberg, and Guy Heurdenhuth



5. Carol Pleschewski, Armand Benoit, and Taylor Long Road

6. Victoria Wallace and Justin Eiler



10. Corinne and Carol Pleschewski

11. Cynthia Berchett and Andie Polychuk

# SPACES

Spaces celebrates beauty both indoors and out. If you have a living space we should highlight email [bridges@thestarphoenix.com](mailto:bridges@thestarphoenix.com)

## # SASKATCHEWAN'S BEST SPACES

### Bungalow gets a big, rockin' reno

By Ashley Martin

**WHO?** Aimee Fleming, Fred Radcliffson and their daughter Rox.

**WHAT/WHERE?** Their 1959 bungalow in Normandy Heights in Regina.

**WHEN?** The couple bought the home in July 2009, when they decided to move to Regina from Calgary. At the time, the house was dark and dated, but Fleming saw past that.

**WHY?** "Location, location, location!" said the former real estate agent. The neighbourhood was perfect for Rox, with an elementary and high school nearby, not to mention parks and other amenities. Plus, the house itself had good bones.

"I figured whatever I didn't like about the house, I had the capability to fix. Carpet, baseboards, paint, chairs, old light fixtures — that's not hard. Anybody can do it," said Fleming.

**HOW?** Gone are the heavy drapes, dark brown carpet (most of that) wood paneling and bulky light fixtures. While the house of old was "dainty" and "feminizing," the renovation has made it bright and colourful, which is exactly what Fleming wanted. The house is well lit, with a stained-glass window and side light in the front door and shutters in lieu of curtains in the large front window.

Two living rooms are joined by a look-through fireplace with floating mantles. The living room opens up to the formal dining room, which features a mirror (original to the house) with shelves in two different kinds of wood (a new addition).

While the house is upstairs is nearly to her liking, Fleming's favourite area in her home is in the developed basement.

"We're big-time readers in our house and love the library," said Fleming, pointing to a corner of a built-in white shelves constructed by her father. "We each have our own little section."

They're no showstoppers, the old ones were destroyed when their basement was flooded this summer.

[aimee.fleming@rockwell.com](mailto:aimee.fleming@rockwell.com)  
Twitter: @aimeefleming





## ON THE COVER

We recognize that everything we have comes from God. — Leslie Dubé

# LESLIE AND IRENE DUBÉ

## Faith in action: it's the Dubé way

By Jenn Sharp

For Leslie and Irene Dubé, philanthropy is more than writing cheques.

The couple is likely Saskatchewan's most generous: the Leslie and Irene Dubé Foundation Inc. has given more than \$30 million to a range of education and health causes.

Humble and loyal, the Dubés believe their financial success is a gift from God. They share that gift to improve health care in Saskatchewan, and to help the province's forgotten people — those who suffer with mental illness and homelessness.

"Our faith is something that has at its core been the key part of our lives," says Irene. "To believe that God sends angels you can do no wrong."

Irene wants people to feel love. She knits colourful blankets in her spare time (she last count at 800) and they're on the beds at St. Paul's palliative care unit, the Longhouse and the Les and Irene Dubé Centre for Mental Health in Saskatoon. She's now working on blankets for the new Children's Hospital.

"God put Les and I on this Earth for a reason. We think that we've found the reason why He put us here is what we're doing," she says as one of her dogs, a Tibetan Plateau named Compassion curls up on one of the blankets beside her feet.

The Dubés live in a house they've owned for 35 years in Greyhound Heights in Saskatoon. In 1980, they bought what would become Greyhound Heights about 70 acres, for \$75,000. It was their first major investment and it paid off, big time.

"I felt it was a very good deal," says Les. "I had come off the farm and it was nice to have a good-sized piece of land."

They began by building apartment buildings and motels, all of which Irene managed while Les worked as a produce broker with Loblaws. They opened Saskatchewan's first Plaza Hotel in Regina. It, in Saskatchewan in 1980, then 17 more locations. Real estate purchases and strategic business decisions have made their company, the Concord Group (which is now managed by their three children), incredibly successful.



Philanthropists Irene and Leslie Dubé at home with their dogs Compassion and Respite (the bigger dog) in Saskatoon. STYLING: JENN SHARP. PHOTOS BY SHARON MAXIM



God put Les and I on this Earth for a reason. We think that we've found the reason why He put us here in what we're doing. — Irene Dubé



As MRO working, it is necessary to place it in the ground four feet at opening in the east wall of 117th. Akapoti in Saskatoon in July 2008. The MRO was the first in Saskatoon and the fifth in the province. The MRO was built in honour of Leslie and Irene Dubé who donated \$1 million to bring the machine to Saskatoon. (Submitted by Irene Dubé)

\*\*\*\*\*

Les and Irene grew up in Wynyard and met at a truck meet. Les, 17, was a pale scouter and played baseball, football and hockey.

"I told my girlfriend that's the way I'm going to marry her, I thought I was crazy," Irag to Irene, who was 14 at the time.

Les, who came from a strong Catholic background, was working after school at the C&N Economy. He started at what would be a promising career in the grocery industry.

They married in 1961. Irene was 17. The marriage ended a scandal, Irene, who dropped out of high school after Grade 11, was a Catholic.

The two were ready though — they'd be raised from their children would be raised and if Irene would convert to Catholicism. That early ability to communicate hasn't diminished during their 50-year marriage (they both are another's sentence), and played an important role in their future success.

"We were older than our peers," says Irene. "I told my mother, 'If you don't like it, that's

your problem, not mine. I've made the deal, now.' She loved Les, though. This man could do as wrong — if we ever had an argument, I was automatically in the wrong."

After Les finished high school, he got a job as a bookman on the railroad, a high-paying job that required a lot of travel. After a few years, he returned to what he knew best: the grocery business, eventually becoming the produce buyer for Loblaw's 300 locations. He would later help open stores all over the country.

"I had a good support staff. The company treated us like gold. I was very fortunate that I got a job that brought me to a level that was better than I was getting on the railroad, which was only within a couple of years. So it was a case of being in the right place at the right time, but with some other things to offer: enthusiasm and energy and talent," says Les.

"I don't take any credit for my talent. You either get it or you don't get it," he adds with a smile.

Continued on Page 30



# HYDE PARK VIEW

333 Blimmon Place  
Saskatoon, SK

*Saskatoon's Finest  
New Adult Housing  
Community!*

Contact  
**Shelley Davis**

**Life-Lease Suites for 50-Plus Adults**

## 306-612-3338

---

**STANDARD FEATURES**

- Heated Indoor Parking
- Radiant In-Floor Heat
- 9-Foot Ceilings
- Six Appliances
- Quartz Countertops
- Large Islands
- Master En-Suite Walk-In Closet
- Huge Barrier-Free Shower
- Digital Video Security

**Hyde Park View** is transforming the concept of adult housing in Saskatoon! This new 50-plus housing development is ideally located near shops and groceries, transit, parks and amenities, and features contemporary style, superb amenities and Appear-Plus Design.

Appear-Plus Design includes 36-inch wide doors, open-plan floor plans and a master bath, master free walk-in closet, shower, radiant in-floor heat. Assisted living services can be purchased and delivered to the suite, as required.

When independent living becomes a challenge, our wide-open suite can move to the specially designed area where personal care is offered 24 hours a day. The suite can choose to move or stay in the life-size suite. Finally the personal care suite will provide an extraordinary level of care needed by qualified, trained personnel.

Additional Design Features include floor-to-ceiling, single pane windows that capture gorgeous views of Hyde Park, with an 270° view of lakes, parkland and walking trails, right across the street! All of the "best-kept" secrets of the city can be enjoyed. Concierge is available in all our suite lockers. Mechanical systems are at a higher standard than many condos with indoor air flow and control air systems with integrated cooling for each suite.

Life lease suites are pre-selling well. 36 suites will be available in this stunning 4.5-story building. Suites range in size from 831 to 1287 square feet, including our lockers, plus den, two bedrooms and two bedrooms plus den units.

Every life lease suite features an outdoor parking stall in the garage, heated parking, and exclusive individual dry-walled storage room. Residents enjoy this access to the extensive outdoor amenity space.

Hyde Park View offers some of the most attractive prices in the city, especially when you consider the amenities and the high level of service provided to residents. The Eldon Lodge Housing Group has been providing quality housing in Saskatoon for more than 31 years.

---

**SUPER AMENITIES**

- First Class Dining Facility
- Guest Suites
- Three Elevators
- Outdoor Terrace with Hot Tub & BBQ
- Hair Salon
- Workshop
- Library
- Mini-Theatre
- Games Room
- Exercise Room

**NOTE:** No legal fees or real estate commissions are charged when choosing Hyde Park View!

Imagine the view from here

Contact Shelley Davis at (306) 612-3338 and visit the website at [www.hydeparkview.org](http://www.hydeparkview.org) for more information or drop in Eldon Lodge (1125 Main Avenue) between 9am and 5pm to pick up a sales package.

[www.hydeparkview.org](http://www.hydeparkview.org)

When you start adding up the amounts people give, whether it be \$10, \$100 or \$1,000, and you add it up, it gets to be that \$1 million mark. The people that say, 'My \$20 won't make a difference,' are wrong — Irene Dubé

The couple who received the 2013 Award for Outstanding Philanthropy by the International Association of Fundraising Professionals, sat down with *Shades* to talk about their life, their icons and what drives them to work harder than ever in their golden years.

**Q:** There is a tale of two business women. What kind of tips would you offer other entrepreneurs?

**A: IRENE:** Work hard. You have to believe in what you're doing. I didn't collect wages for the work that I did and for about 30 years after we had started. All of those things add up — when you have somebody beside you and working with you and working with you.

**LEE:** I didn't take a salary either. I just took whatever we required for our personal household needs and for our family. That was it. We left as much money in the company as we could so it could grow.

**IRENE:** We were a package; we were always consulting. Our day didn't end when Les came home at a stroke. Sometimes we were up at 5, 3 in the morning making decisions or I was doing books.

**LEE:** When we looked at how we achieved all these things, it was always on a risk-reward basis. We tried not to get into something that we didn't know about. We got to know the apartment business and found that it was not consistent with what we wanted to do in the future. We sold all our apartments and hotels or tore them down. We decided that our objective as to no longer own cash flow of our company by diversifying by region and type of business.

**Q:** How did you grow the Canoe Club Group?

**LEE:** We bought a lot of land all over the city over the last 30 years — and rented it out to farmers. Today, we have some of the best land.

In 1991, Baychak Construction fell on bad times. They got into financial trouble and were about to go into receivership when I talked to Mike Baychak. It was a one package deal and we took over everything. He was happy and it was good for us.



Irene Dubé at home in her apartment. Irene also donates in her spare time to give to various organizations — St. Paul's palliative care unit, the Lighthouse and the Les and Linda Dube Center for Mental Health. She is now working on blankets for the new Children's Hospital. (SHADES PHOTO BY RICHARD MALLON)

**IRENE:** It was a very financially difficult time for (Mike). And he had worked so hard in his life.

**Q:** Why did you freeze your assets as LEE?

**IRENE:** We had enough. Our family was taken care of because they're all part owners in the Canoe Club Group. It was time now to help, to do what God put us on this Earth to do.

He put us here to work for a while and then reap the rewards of your work. That's what we're doing now — to see that people at the Light house can stay they have a home and won't die in a pall cell because they're drunk, and have a chance at a new life.

**LEE:** We wanted to keep the organ system in the family and pass it

down to the next generation, either thus sell it off. Now our life is philanthropy and managing our assets so that we can continue to be philanthropists.

**Q:** In the past, you wanted to remain anonymous when making large donations. When and why did that change?

**IRENE:** When we were opening the Breast Health Centre at City Hospital, Randy (Kendall, former CEO of the City Hospital Foundation) asked us, Les said we preferred not to. It was (Randy's) belief that if people knew who was donating that money they would give — it would encourage people. We didn't think it would but as it turned out, it did.

Our family was taken care of because they're all part owners in the Concord Group. It was time now to help, to do what God put us on this Earth to do. — Irene Dubé



In 2007, Loide and Dubé made a \$3 million contribution to the Future in Mind Campaign of the Royal University Hospital. **#RUGSinspirein GREG FEMER**

When you start adding up the amounts people give, whether it be \$50, \$100 or \$1,000, and you add it up, it gets to be that \$1 million mark. The people that say, 'My \$50 won't make a difference,' are wrong.

(Hospitals) always need to upgrade and they need the money for it. Technology changes so quickly. What is great today is obsolete tomorrow. In order to get good health care for everyone, you have to have the best. And that's where people like Lorne and I come in to be able to make sure that they do have the best.

**Q:** There are, you look in progress, several initiatives that have kicked out of their houses. Tell me about that experience.

**IRINE:** That was the days when if your daughter

was pregnant, you sent her away. We did it through Catholic Welfare. It gave them a home atmosphere with children around. These were all girls that were our oldest daughter's age. (Q:) It was a wonderful experience. One girl, I took her to the hospital around midnight. She had twins and she gave them up. I stayed with her at the hospital. She had nobody else.

**Q:** Why did you decide to fund what is now called the Lorne and Irene Dubé Centre for Mental Health?

**IRINE:** (They're) the forgotten people.

**IRINE:** We felt there is such a need for people with mental disorders.

**IRINE:** There are some mental illnesses they haven't discovered a treatment for. They

know how to handle it and stabilize it, but they don't know how to treat it. Depression is one that can be controlled, I've suffered from depression since I was 35 and had excellent care. When you learn the illness and know that you have to take the medication to not have the feelings that the illness brings to you, you've got it won. There are some illnesses that people can't cope with though (like schizophrenia).

People have got to realize that there are real problems that have to be dealt with and live with the facilities to deal with them.

**Q:** What would you say to critics of the Children's Hospital and to those that doubt the hospital's sustainability or the promoter's ability to attract

donors to the hospital?

**IRINE:** I would say to them, 'You just keep thinking that. We'll do the rest.'

**Q:** What would you like people to know about you?

**IRINE:** We're going to Christians. We recognize that everything we have comes from God. With that, we have a responsibility to make absolutely sure that we get the best value for every surplus that we have so it reaches out to those who are most in need, who are the forgotten ones.

This interview has been edited and condensed.

patrick@thestandard.com  
 photo: Lorne and Irene Dubé

In order to get good health care for everyone, you have to have the best. And that's where people like Les and I come in, to be able to make sure that they do have the best. — Irene Dubé

## WHAT PEOPLE HAD TO SAY ABOUT THE DUBÉS

### BRAD WALL

**President of Saskatchewan**

"Here are Winston Churchill said 'We make a living by what we get, but we make a life by what we give.' Les and Irene Dubé have built an extraordinary life in Saskatchewan, first through their business success and then by using the wealth they created to help others. They have touched the lives of thousands in our province through their remarkable generosity."

"Nearly two decades ago, Saskatchewan needed a infrastructure machine that could shock waves to break up kidney stones. Health officials were debating who to put the machine — Regent or Saskatoon. The province's health technology advisory committee had to approve the purchase. The discussion seemed endless. Meanwhile, each year about 250 Saskatchewan citizens were travelling outside the province for the procedure. That ended when the Dubés stepped forward and wrote a \$500,000 cheque to buy a Microretractor. Both Les and Irene had experienced the torment of kidney stones. They didn't want anyone to go through what they went through. It is this deep empathy along with a strong sense of obligation to community and an unshakable faith in the future of our province that make Les and Irene Dubés so special. Through their actions they have set the bar high for all of us."

### PETER ZAKRESKI

**Co-founder of Hospice for Malawi**

"Les and Irene's philanthropic donations have touched many lives, locally and internationally. Resulting from their generosity 40 villages in the Dorcas Region of Malawi Africa have access to fresh clean water. Les and Irene have saved and/or cured 25,000 villagers an ongoing improved health."

### RANDY KERSHAW

**CEO of Saskatchewan Child Health Foundation**

"They're fairly people generous to probably every organization in the



Guests, from left, including the chair of the Saskatoon Regional Health Authority Les and Irene Dubé, former Gov. Brad Wall, Chairman of Hospital of Saskatchewan Robert Hendry, Children's Hospital president and CEO Brent Roberts, Les and Irene Dubé, and a group of people at the opening ceremony for the Saskatoon Children's Hospital Microretractor machine in Saskatoon.

community. They gave \$1 million to the Breast Health Centre where we first got it started — without their gift it would have never materialized. When I visited here, [the Foundation] was very honoured that Irene had one of her famous letters for me. She made one for every bed at the Mental Health Centre as well."

### DON ATCHISON

**Mayor of Saskatoon**

"Clubs are built offends and most — if the arts and sports that make the difference. Les and Irene have made a phenomenal difference to the quality of life in Saskatoon. They not only talk about what they believe should be done, they actually participate. Others, you hear people

talking about what they believe in but that's what they do — talk about it. [The Dubés] actions speak louder than words."

### BRUCE ACTON

**CEO of St. Paul's Hospital Foundation**

"I've known them for a long time, and have found them to be the levelled kind of most generous people in the world."

"With their help we completed the Leslie and Irene Dubé Centre of Health. That contribution has made a tremendous difference to how men with prostate cancer are treated."

"The past summer they brought over millions for our palliative care unit at St. Paul's Hospital. For me, it

sends this message, generous enough that although they've been able to be exceptional philanthropists in our community it is their actual teachers that show how genuine they are. They're just good people."

"There was a time when Les stepped away from his own business to run St. Paul's Hospital when they were in liquidation. He was that committed to the hospital that he would make that sacrifice to his own business. I'm sure he doesn't view it that way."

### DEEANN MERCIER

**Director of communications at The Light House Supported Living**

"The Light House has been incredibly blessed by their donation towards

it towards the Light House facility. They were so generous and willing to help those in need. Not only do they give their money to organizations in the community but also continue to lend their voices to the cause that are personally about, especially mental health issues."

"It is some of the behind-the-scenes things that have been most touching. Irene cosigned letters for everyone at the Light House for Christmas last year and topics and scenarios. I just think about the countless hours she spent working to give warmth and a sense of home to those who are suffering from mental illness. When I think if there are good people left in this world, I just look up at the sign and the many buildings and spaces with their name. They've donated and support those working on the front lines to make the world a better place."

### DR. IVAR MENDEZ

**Head of Department of Surgery, Saskatchewan Health Region and Founder of Ivar Menéndez International Foundation**

"Les and Irene are true pillars of the community in Saskatchewan. What surprised me is that they both work as individuals. That says a lot about their own relationship."

"Their goals and dreams are very much in line with the Saskatchewan. They're very much to be from the province. I think they're making a huge difference in our ability to measure the standards of health care and education. I'm full of admiration for them not only for what they do but for the philosophy in terms of improving care and access of functioning of education and health."

"My family foundation provides rural and urban care and education for the poorest children of the Bolivian Andes. [The Dubés] have contributed to and are supporters of the foundation that means their philosophy of philanthropy goes beyond the bound areas of the province and extends to other humanitarian causes. They're a real treasure for Saskatchewan."

## #CROSSWORD

## NEW YORK TIMES Edited by Will Shortz

## ACROSS

1 Roster entry  
8 Flawed  
9 Broom cut  
14 Use many words of  
Lorraine Hansberry  
15 Old money  
16 One or three female  
magpies  
17 The university of  
Oxford  
18 Word before  
less or chance  
19 Make arrests  
23 The board in the  
chess match. Is it  
a queen?  
24 Fleeing animal  
26 Pop that sounds like  
it's down  
27 Pop, for size  
28 Cotton pop  
29 Western Indian  
30 American catch from  
an owl  
32 New type for a  
cat  
34 The author (Gore?)  
author to a friend?  
35 Hit of a 22 Across  
40 Modern outfit with  
waist  
41 U.S. island with angel  
beaches  
43 "The Children of Men"  
author. Is it a novel?  
44 Used often in bookies  
46 Highly drinkable, or  
"huguenot" of the word  
"chort"

## DOWN

1 Wordless Spanish place  
in France  
2 U.S. & territory  
3 "Amen" source of red  
meat  
4 "I, ...", "I, ..."  
5 "I, ...", "I, ..."  
6 "I, ...", "I, ..."  
7 "I, ...", "I, ..."  
8 "I, ...", "I, ..."  
9 "I, ...", "I, ..."  
10 "I, ...", "I, ..."  
11 "I, ...", "I, ..."  
12 "I, ...", "I, ..."  
13 "I, ...", "I, ..."  
14 "I, ...", "I, ..."  
15 "I, ...", "I, ..."  
16 "I, ...", "I, ..."  
17 "I, ...", "I, ..."  
18 "I, ...", "I, ..."  
19 "I, ...", "I, ..."  
20 "I, ...", "I, ..."  
21 "I, ...", "I, ..."  
22 "I, ...", "I, ..."  
23 "I, ...", "I, ..."  
24 "I, ...", "I, ..."  
25 "I, ...", "I, ..."  
26 "I, ...", "I, ..."  
27 "I, ...", "I, ..."  
28 "I, ...", "I, ..."  
29 "I, ...", "I, ..."  
30 "I, ...", "I, ..."  
31 "I, ...", "I, ..."  
32 "I, ...", "I, ..."  
33 "I, ...", "I, ..."  
34 "I, ...", "I, ..."  
35 "I, ...", "I, ..."  
36 "I, ...", "I, ..."  
37 "I, ...", "I, ..."  
38 "I, ...", "I, ..."  
39 "I, ...", "I, ..."  
40 "I, ...", "I, ..."  
41 "I, ...", "I, ..."  
42 "I, ...", "I, ..."  
43 "I, ...", "I, ..."  
44 "I, ...", "I, ..."  
45 "I, ...", "I, ..."  
46 "I, ...", "I, ..."  
47 "I, ...", "I, ..."  
48 "I, ...", "I, ..."  
49 "I, ...", "I, ..."  
50 "I, ...", "I, ..."  
51 "I, ...", "I, ..."  
52 "I, ...", "I, ..."  
53 "I, ...", "I, ..."  
54 "I, ...", "I, ..."  
55 "I, ...", "I, ..."  
56 "I, ...", "I, ..."  
57 "I, ...", "I, ..."  
58 "I, ...", "I, ..."  
59 "I, ...", "I, ..."  
60 "I, ...", "I, ..."  
61 "I, ...", "I, ..."  
62 "I, ...", "I, ..."  
63 "I, ...", "I, ..."  
64 "I, ...", "I, ..."  
65 "I, ...", "I, ..."  
66 "I, ...", "I, ..."  
67 "I, ...", "I, ..."

PLUGGED BY TOM MCCOY

# JANRIC  
CLASSIC  
SUDOKU

Level: **Gold**  
Fill in the blank cells  
using numbers 1 to 9.  
Each number can ap-  
pear only once in each  
row, column and 3x3  
block. Use logic and  
process of elimination  
to solve the puzzle.

The difficulty level  
ranges from Bronze  
(easiest) to Silver  
to Gold (hardest)

		9	5		2			
5		1				9		
	8			2	7	1		
							4	
2	4	5				7	1	9
	1							
		8	2	5			7	
	5						4	6
7			3		4			

Solution to the  
crossword puzzle will  
be in the Sudoku code  
found on Page 19

Authentic Amish  
Cooking

COURTESY, CAPRICORN

Sausage Breakfast  
Casserole

2½ C. Cheddar  
1 lb. Brown Ground Sausage  
4 Eggs  
1 can Cream of Mushroom  
1 pkg. Tater Tots

2 C. Shredded  
Cheddar  
2½ C. Milk  
1½ Cup Shredded  
Cheddar



Layer the cheddar, cheese and sausage in a 11 x 13 baking pan. Combine the  
1st set overnight in the refrigerator. Just before baking, combine milk with 1½ C  
milk. Spread over the layers and then top with tater tots. Bake at 350° for 1 hour  
and it is browned on top.

## AUTHENTIC FURNITURE

Custom Solid Wood



Heirloom Pieces

Visit us at our  
New Location

Monday by  
appointment only  
Tue-Fri 10am-5pm  
Sat 10am-4pm

Look for the sign on the wall

Our Warehouse  
and new  
locations

Sasktel Ltd.

Pick up a free catalogue

## Customized Options:

- choice of styles
- wood & stain  
choices
- fabric or  
leather choice
- custom sizing  
available



authentic.furniture@sasktel.net

(306) 955-9397

## EVENTS

What you need to know to plan your week.  
Send events to [bridges@thestarphenix.com](mailto:bridges@thestarphenix.com)

## # MUSIC

Wed., Jan. 14

**Edible Robertson**  
Bulls on Broadway  
817 Broadway Ave.

Thurs., Jan. 15

**Topher Mills**  
Chicken Restaurant & Lounge  
1-227 Pineshore Dr.

**Undercover Pinches**  
Bulls on Broadway  
817 Broadway Ave.

**Deets Series: Outside the Wall, a Pink Floyd tribute**  
The Basement,  
204 Fourth Ave. N.

Fri., Jan. 16

**Reverence**  
Bulls on Broadway  
817 Broadway Ave.

**Piano Friday: Brett Bickel**  
**Deets Series: Outside the Wall, a Pink Floyd tribute**  
The Basement,  
204 Fourth Ave. N.

**3 Puck + One**  
Army & Navy Club,  
359 First Ave. N.

**Two Tall Dudes**  
Moshley Tavern,  
3030 Epton St. E.

**Steve & The Takens**  
Tee Two Tavern,  
3330 Knight Dr.

**Heavenly Irish**  
Half Field Senior Citizens' Centre  
103 Fairmont Ct.

**Wines in the West: Will**  
**Blissard and Pastor w/**  
**Copel and Hoeh the Mind**  
Amigos Centre  
866 Dufferin Ave.

**Pittland Slang**  
Steen's Place.

106-110 Ruth St. E.

**Country Music Association**  
**Venue Artists**  
Pizz's Pub and Grill,  
1433 Midway Dr. N.

**Weekend Metal Battle: A Hero**  
**of Steel, Metalstorm Vols**  
Rock Bottom,  
8368 Broadway Ave.

Sat., Jan. 17

**Bowman**  
Bulls on Broadway,  
817 Broadway Ave.

**Piano Saturdays: Maurice**  
**Drouin and Neil Carls after-**  
**netting**  
**Jazz Singer Series: Jazz**  
**Singer Part w/ The Kids**  
**Selfish Quartet**  
The Basement,  
204 Fourth Ave. N.

**3 Puck + One**  
Army & Navy Club,  
359 First Ave. N.

**Les Saintes**  
Nutans Legion,  
3031 Louisa St.

**Hudson Night: Saskatoon**  
**Symphonic**  
Downtown Legion,  
804 Spadina Cres. W.

**It's Too Late, Baby**  
Moshley Tavern,  
3030 Epton St. E.

**Blackedown w/ Kay the**  
**Aquamar and Steve Cold**  
**Party Rocks**  
Amigos Centre,  
866 Dufferin Ave.

**Pittland Slang**  
Steen's Place  
106-110 Ruth St. E.

**Country Music Association**  
**Venue Artists**  
Pizz's Pub and Grill,  
1433 Midway Dr. N.

**Topher Mills**  
Buzzy's Bar & Grill,

134 Primrose Dr.

Sat., Jan. 18

**Acoustic: Jack Taylor Road**  
Bulls on Broadway,  
817 Broadway Ave.

**Dark Tranquility w/ Incon-**  
**stant**  
Lower Pub,  
93 Campus Dr.

Tues., Jan. 20

**17 Seconds of Paul**  
Bulls on Broadway,  
817 Broadway Ave.

## # ART

**Mental Art Gallery**  
Opening Jan. 16 at 910 Spadi-  
na Cres. E. New winter exhi-  
bitions include background

War Maps from Afghanistan;  
Deep Weather by Swiss artist  
Ulrich Steiner. Concerning  
Certain Events, recent works  
by Saskatchewan artists  
David Campbell and Kara  
Lewinski; the Better Cross-  
roads Study Centre, a mobile  
archive of the 34-year history  
of border crossings art maga-  
zine; and the RBC Art150 by  
Artists' research program,  
reflecting Monique Martin's  
membership with Catherine Mil-  
lar opening reception Jan. 16,  
8 p.m., followed by a 7 p.m. talk  
tour by Shane McCabe for The  
exhibition held beyond War  
Rugs from Afghanistan

**A Fleety Gallery**  
Jan. 16 and Feb. 14 at 813  
Broadway Ave. Our theme is  
Flare: A collection of fine art  
from women across Alberta,  
Saskatchewan and Manitoba.  
Reception Jan. 16, 7 p.m. to 9  
p.m.

**Saskatoon Sculpture Gallery**  
Until Jan. 30 in Room 101 of the  
Murray Building, Prime Time  
MKA Process Exhibit. Works  
by Anshu Akhavan, Nitya  
Anandam, Elizabeth Galey,  
Diane Chisholm, Kristel Fa-



Concept by Monique Martin in a display at Saskatoon Arts Centre.

henghaizi, Xue-Hui, Jessica  
Morpur, Alexandra Thibson  
and Colina Wolf

**Hues Art Supplies**  
Until Jan. 31 at 1818 Lorne Ave.  
Artwork by local artists. Re-  
ception Jan. 12, 2 p.m. to 4 p.m.

**Eye Gallery**  
Until Feb. 13 at 117-133 College  
Dr. Close to Home: Photo-  
graphs by Jarrick Fleisher  
Reception Jan. 12, 2 p.m. to 4  
p.m.

**Scrap Art Gallery**  
Until Jan. 23 at 263 Third Ave.  
S. Art and Model by The  
Saturday Morning Drawing &  
show of figure drawings and  
paintings done directly from  
the model. Reception Jan. 22,  
7 p.m. to 9 p.m.

**Ved Gallery**

topographic artworks by Sharon  
Castak.

**Western Museum of**  
**Cenote**  
Until Jan. 31 at 910 Spadi-  
na Cres. & Browning in Uxmal  
Travel photography by Andrea  
Koopman and Karen Polakovic

**Watrous Library**  
Through January in Watrous:  
Tree Art by Timmash

**Green Ark Collected Home**  
Until Feb. 2 at 212 20th St. W.  
Works by Geoffrey Woolley.

**The Gallery/ART Placement**  
Until Feb. 2 at 226 Third Ave.  
S. Winter Group Exhibition  
Works by several gallery arti-  
sts including Louise Cook  
Heather Cline, Abbie Popoff  
and Pat Service

**STH Gallery**  
Until Feb. 26 at 58 Thomas  
Mews College, 1437 College  
St. W. RSCS by University of  
Saskatchewan introduces  
multimedia students

**United Gallery Collapse**  
Until Feb. 26 along the river-  
banks from the Neversen  
valley Centre to the Mosaic  
Art Gallery. An installation in  
the trees. By Monique Martin  
with support from Task Force  
members.

**Saskatoon City Hospital Bul-**  
**ding on the Bridges**  
Until Feb. 26 on the sixth floor  
of the atrium at Saskatoon  
City Hospital. Watercolour  
Landscapes by Patricia L.  
Carter and contemporary  
textured acrylic paintings by  
Marlene Wynn

**Western Development**  
**Museum**  
Until April 2015 at 2810  
Lorne Ave. Big Bear Tawelling  
Exhibit. In partnership with the  
Royal Saskatchewan Museum  
& 12 million-year-old osseous  
skeleton brought back to life  
through 3D imaging.

# EVENTS

What you need to know to plan your week.  
Send events to [bridges@thestarphoenix.com](mailto:bridges@thestarphoenix.com)

## # FAMILY

### Stay and Play

Thursdays and Wednesdays, 9:15 a.m. to 11:30 a.m., through April. For children up to age five. Semi-structured crafts, snacks, story time, toy activities. Email [stayandplay-saskatoon@gmail.com](mailto:stayandplay-saskatoon@gmail.com) or visit the Facebook page.

### Saskatoon Peaceful Parenting Group

Apr. 14, 10 a.m. to 12 p.m., at the Pregnancy and Parenting Health Centre, 244 Third Ave. S. For any family seeking to solve their children peacefully. A different topic each month. Children are welcome.

### Stars and Stripes

Wednesdays, 1 p.m., at Centre Cinema in The Centre. Choice of two movies each week. A family-friendly environment with lowered volume, dimmed lighting, a changing table and stroller parking in select theatres.

### CJA's Clinic and Play

Daily, 10 a.m. to 6 p.m., in Bay 4 of 619 South Highway 36 W. in Waterloo. Saskatoon's newest indoor playground. For children up to age 12. Visit [cjamindandplay.com](http://cjamindandplay.com) or visit their Facebook page.

### Fun Fantasy Indoor Playground

Daily at 1639C Quebec Ave. A giant indoor playground for young children. Adults and children under one year are free. There is a separate fenced-in area for children under two.

### Market Mail Children's Play Centre

Daily just off the food court at Market Mall. This play area is free and has different level slides. Children must wear socks in this play area.

### Children's Play Centre

Daily at Lawson Heights Mall.



Scavenging on Sundays offers free family fun on Sundays at the Mosaic Art Gallery. Art-making activities for kids aged four to 12. Art by gallery artists. Supplies are provided.

A fun, safe, environment for preschool children to play. Please note this is an unattended play area, and adults must stay with and supervise children at all times.

### 3cooters Indoor Playgroup

Thursdays, 9:15 a.m. to 11:15 a.m., through May, at Emmanuel Baptist Church, 4636 Acadia St. Parent-supervised playgroup for kids up to age

five. A bounce house and toys for kids, designated infant play area, coffee/tea for parents. Registration on arrival. Information at [3cootersplay.ca](http://3cootersplay.ca) or their Facebook page.

### Breastfeeding Circle

Thursdays, 10 a.m. to 11:30 a.m., at Westside Primary Health Centre, 3331 Fairlight Dr. A drop-in support group for breastfeeding women. Sessions will be facilitated by a lactation consultant with a brief educational presentation and time for interaction with the other mothers.

### Movies for Momies

Thursdays, 1 p.m., at Rainbow Cinema in The Centre. An infant-friendly environment with reduced sound, change tables, bottle warming and stroller parking.

### Sheep n' Stroll

Fridays, 9:30 a.m. to 10:30 a.m., meet in front of Culinary Services at The Mall at Lawson Heights. Classes consist of power-walking, body-sculpting moves using exercise tubing and a socializing for parents and babies. Pre-register at [rumsandcoffees@gmail.com](mailto:rumsandcoffees@gmail.com). No classes on stat holidays.

### Kidz Talk at SPL

Fridays, 10:30 a.m., at Alliance Junior Branch, Mondays, 10:30 a.m., at Carleton Place Branch and 11:30 a.m., at Wood Branch, and Tuesdays, 10:30 a.m., at CWT Birch Branch. Half-hour singing and rhymes, then mingle with other parents.

### Scavenging on Sundays

Free Family Fun on Sundays, 2 p.m. to 4 p.m., at the Mosaic Art Gallery, 1550 Acadia Cres. E. For ages four to 12, accompanied by an adult. Art-making activities led by gallery artists. Supplies are provided. Jan. 18, Kick off the first family activity for the new exhibition by making maps with bottles.

### Postnatal Yoga

Wednesdays, 12 p.m. to 1 p.m., at Pregnancy and Parenting Health Centre, 244 Third Ave. S. Register to intermediate yoga designed to help with

postpartum recovery. Self-friendly class with a certified yoga teacher suitable for four weeks to two years postpartum. Register at [midwesthwy.well.com/postnatalyoga](http://midwesthwy.well.com/postnatalyoga). No class on stat holidays.

### Canadian Light Source (CLS) Public Tours

Mondays, 1:30 p.m., at the Canadian Light Source, 44 Innovation Blvd. The synchrotron research facility is open for the public. Pre-registration is required. Call 306-667-3844, email [outreach@lightsources.ca](mailto:outreach@lightsources.ca) or visit [lightsources.ca/education/public\\_tours.asp](http://lightsources.ca/education/public_tours.asp).

### Prenatal Yoga

Mondays, 6 p.m. to 7 p.m., at Pregnancy and Parenting Health Centre, 244 Third Ave. S. Taught by a skilled and certified yoga teacher. Informative and safe for any stage in pregnancy. Call 306-781-9443 or email [inspirationy@gmail.com](mailto:inspirationy@gmail.com). No class on stat holidays.

### Flagzoo

Tuesdays, 9:30 a.m. to 11:30 a.m., at Grace-Westminster United Church. Hosted by Prairie Parents Learning Community, a group of families inspired by Waldorf philosophy. Programming is aimed at children ages two to five, but all ages are welcome.

### FreshLook Story Time

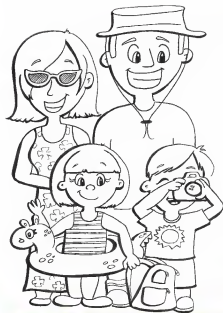
Tuesdays, 10:30 a.m. to 11 a.m., at McElroy Robinson, 3539 Eighth St. E. For children ages three to five in the Circle of Three. Call 306-555-1477.

### Engineering for Kids

Children ages four to 14 can learn about technology and how engineers help it develop. Classes, games, parties, and clubs with hands-on STEM enrichment activities. Get information and register at [engineersimproves.net/saskatoon](http://engineersimproves.net/saskatoon) or 306-678-4188.

More events on Page 17

# OUTSIDE THE LINES



... and so begins  
the migration of  
the common northern  
tourist...



## # Colouring contest

Each week, Stephanie McKay creates a timely illustration meant to please kids of all ages.

Children can colour the page, have a picture taken with the finished product and email it to [stepd@thecolourshouse.ca](mailto:stepd@thecolourshouse.ca). One winner will be chosen each week.



Last week's contest winner is  
Juliette Sheehowag.  
Thanks to everyone who  
submitted entries.



**For the Toys you've Always Wanted**

[gigglefactory.ca](http://gigglefactory.ca)

The Greatest Toy Store in  
Saskatoon!! Largest  
Selection of Playset &  
Culco Cribber. We also carry  
a huge selection of Unique  
Toys and Great Party Supplies,  
Including Balloon Decorating!

Come See us in our Great  
Location with Free Parking  
150 - 1824 McOrmond  
Dr. 975-9630



# EVENTS

What you need to know to plan your week.  
Send events to [bridges@thestarphoenix.com](mailto:bridges@thestarphoenix.com)

## My Smart Hands Seniors: Baby and Toddler Sign Language

Starting Jan. 15, Baby sign language provides the skills to communicate with your pre-verbal baby, accelerates verbal development and strengthens cognitive skills. For information contact Tanya Myrland-Webb 336-1516, Certified Baby Sign Instructor at [tanyawebb@mysmarthands.com](mailto:tanyawebb@mysmarthands.com).

## BRICKS 4 KIDZ® Saskatoon

Regular after-school programs, pre-school classes and camps for kids of all ages at various locations in Saskatoon. An atmosphere for students to build unique creations, play games, and have fun using LEGO bricks. Visit [bricks4kids.com](http://bricks4kids.com) or call 306-979-3749.

## Saskatoon Public Library Programs

Opening doors programs for children and families. Find the calendar at [saskatoonlibrary.ca/node/1016](http://saskatoonlibrary.ca/node/1016)

## # SPECIAL EVENTS

**Saskatoon Farmers' Market**  
Open year-round. Wednesday and Sunday, 10 a.m. to 3 p.m., and Saturday 6 a.m. to 2 p.m., farmers are in attendance. Sunday to Friday, 10 a.m. to 3 p.m., and Saturday and Sunday during market hours, food service and specialty shops are open. Information at [saskatoonfarmersmarket.com](http://saskatoonfarmersmarket.com). Contact 306-344-6283, [sdfr@sdfrinc.com](mailto:sdfr@sdfrinc.com).

**May/June Carpet Bowling**  
Wednesdays, 1:15 p.m., at Mayfair United Church. Beginners and experienced players are welcome. For information call 306-602-1101.

## Middle School Session 15

**Pike Festival**  
Jan. 15, 7 p.m., at Broadway Theatre. Hosted by Media



Wayne Morrison left and David Layton are seen from *Phonopore Theatre's* production of *Between the Sheets* which runs until Jan. 19. BRIDGES PHOTO BY CHRIS PIRRO

School showcasing the films of session 13 students. Tickets at [picaso.com](http://picaso.com)

## 3 B's Dinner

Thursdays, 7 p.m., in rooms 13 at Albert Community Centre, 610 Clarence Ave. S. Saskatoon. Informal total Follies-style. Latin dances from many countries are and the world this night is free. Visit [saskatoon3bs.com](http://saskatoon3bs.com).

**The Busy Woman's Guide to Haggling & Business**  
Jan. 16, 9 a.m. to 4 p.m., at The Willow Golf and Country Club, 382 Cartwright St. A pampering, relaxation and personal development workshop for women. Presented

## Story Circle for Adults

Third Friday of the month, September to June, 7:30 p.m., at the Center for Culture, 210 Second St. E. Bring a story or come to listen. Potluck snacks are welcome. Admission is free and donations are accepted.

## New Hope Dog Rescue Book Sale

Jan. 16-18 at Market Mall. Donated books will be sold until the sale begins. To donate, drop off books at MINT Fashion Co., or contact 306-713-3193 or [toyler@shelk.ca](mailto:toyler@shelk.ca) for the north end, [jen@shelk.ca](mailto:jen@shelk.ca) for the south end.

The Exhibition area, or 306-203-3377 for queries. See All programs will help New Hope Dog Rescue.

## Music and Marching Clinic

Jan. 16, 10 a.m. to 4 p.m. A free clinic for music students ages 12-18. Introducing students to marching band and colour guard. No experience necessary. Preceptor at 306-249-5013 or [brenda.armstrong@ssask.ca](mailto:brenda.armstrong@ssask.ca).

## Quintet

Jan. 16, 200 p.m., at the Acrobath. The Saskatoon Symphony Orchestra's Players Chorus series. With the Saskatoon Symphony Chamber Players. Featuring works by

Bach, Mahler and Dvorak.

## Twilight in the Poetry

Jan. 16, 7:30 p.m., at The Woods At House, 148 Second Ave. N. CFI Avey, Sarah Edits. Talk for the Dr. of B.

## MFA Lecture Series

Jan. 20, 12 p.m., at Gordon Ingleby Gallery, room 101 of 5 Murray Building, Betsy Anderson, Over the Edge.

## Off-Broadway Farmers' Market, International Fusion, and Bait

Tuesdays, 11 a.m. to 5 p.m., in the basement of Grace-Westminster United Church, 205 10th St. E. Offering a variety of locally produced food, shopping

and accessories from India, pet products, baking, and bistro dishes. New vendors welcome. Call 306-966-2840 or email [penel@baitmarket.com](mailto:penel@baitmarket.com) there.

## Comedy Night

Jan. 20, 9 p.m., at Papp's Pub and Grill, 1403 Mayfield Dr. N. With Don Reed

## Cakes in the City

Jan. 27, 4 p.m. to 8 p.m., at the Saskatoon Farmers' Market. A fundraising cake walk in support of Christine Harris and Usher. Bakers are invited to design and present a cake using the theme: winter specialties. With people's choice awards, a prize, a display table for each baker, and a job-cost factbook. Information at [jordanmccord@sasktel.net](http://jordanmccord@sasktel.net), 306-333-8782.

## # THEATRE

### The Clockmaker

Jan. 15-23 at The Refinery. Presented by Live First. Produced by Newsworld Highways Productions/Embrace Theatre. "Who are you?" is the question. Harvins answer places him at the centre of a mystery, with his own future hanging in the balance. Not possible to be guilty of being asked to commit a crime? Tickets at 306-653-5151, [ontheboards.ca](http://ontheboards.ca).

### Between the Sheets

Until Jan. 16 at Penephron Theatre. At parent teacher interview night, Theresa has a sense of foreboding as working men Martin enters her classroom to discuss her suit. What follows is a raw and gripping sexualization where only one can be the winner. Tickets at 306-344-7172, [penephrontheatre.org](http://penephrontheatre.org).

David Edlin is a professional writer who has been published by Bridges. Edlin will be the author of a new book before the end of the year.

# GARDENING

# GARDENING IN SASKATCHEWAN

## AAS picks a peck of perfect peppers

By Eri Svendsen

Most years, I grow four or five pepper cultivars, a few hot and the rest sweet. I have my tried-and-true, dependable staples that I like to try a few new introductions to add variety to my garden and, frankly, to have something no one else in the community garden has. I start by scanning seed catalogues through their 'what's new' section, usually in the front. And I may try a few of those if their descriptions break my interest. But I have little idea how they'll perform.

For an unbiased evaluation of new varieties of bedding plants and vegetables, I look to All American Selection (AAS). This year's book would have it. AAS has given five new pepper cultivars of both persuasions the thumbs up. (Note: For other AAS and just growing introductions check out AAS' website — [www.allamericanselection.org](http://www.allamericanselection.org).)

First up is Emerald Fire F1, a jalapeño. It is at the low end of fiery at 2,000 Scoville heat units (habanero and south island are rated at 150,000-300,000 Scoville heat units). The fruit is extra large (one centimetre long x 3.0 cm thick) with thick walls ideal for roasting, stuffing, padding or to use in salsa. The fruit is resistant to cracking even when allowed to ripen to red. The plant can reach more than 60 cm in height and produce up to 35 to 50 peppers. It's ready to harvest after 60 days.

Plumby Plum F1, from pepper is another mildly hot pepper (rated slightly higher on the Scoville heat scale), growing to heat as it ripens. The sweet, spicy flavour rates are an excellent addition to chili sauces. Plumby peppers are slightly longer (3.5 cm) and more tapered than jalapeños. Plants grow more than 60 cm tall and produce 15 or more peppers. This is an early variety — ready for harvest after 55 days.

Hot Sunset F1 is a hot wax pepper, but mild in comparison to plumby or Fresno types. rated at only 100 Scoville



Hot Sunset pepper (AAS)



Emerald Fire pepper (AAS)

heat units. The jalapeño noted that the large (3 cm long) thick-walled fruit had exceptional flavour unlike some hot peppers that are all heat. Great fresh, pickled or roasted. The peppers ripen to red on 50 cm tall plants and are ready to harvest after 55 days.

One to the winning sweet pepper, Pretty N Sweet F1 is a prolific multi-purpose cultivar, producing more than 300 peppers on medium-sized plants (45 cm tall). As the season progresses the multicolour of small, round upright-held peppers will be in various shades of ripeness ranging in colour from yellow to orange to fully ripe red. It is an ornamental pepper or an edible pepper? It's actually both with a sweet delicate flavour. Great fresh in salads or added to stir-fries and other pepper dishes. It's ready to harvest after 60 days.

Roundabout the winning line is the Sweet Sunset F1 sweet banana pepper. Rated 15 to 30 large (8 cm long), it

peers peppers per tall (30 cm) plant, bushy plant. Immature peppers are light yellow, ripening to a bright red. As with the other varieties, this one also had winning flavour. It's ready to harvest after 55 to 60 days.

These five peppers should be started indoors by mid-March and transplanted after all chance of frost is past, in late May/early June. They need full sun and moderate moisture. These sturdy plants do not require staking and will do well in the garden as well as in containers.

The AAS organization has trial gardens in Canada and the United States, across many geographic and climatic regions. In addition to the network of trial sites, there are display gardens where home gardeners can view some of the recent AAS top picks. For several years, an AAS display garden has been planted on the north side of the Agriculture Building on the University of Saskatchewan campus.



Pretty N Sweet pepper (AAS)



Plumby Plum pepper (AAS)



Sweet Sunset pepper (AAS)

This column is provided courtesy of the Saskatchewan Perennial Society ([www.saskperennial.ca](http://www.saskperennial.ca)), hortensio.johansson@Cdn.ca and our Bulletin

Board or Calendar for upcoming garden information across January 20-Developing the Gardens of Terra del Sol

# WE WORLD

# TERRA DE LOSOS

## If you like seafood or spice, substitute a rosé for white

By James Romanow

I was out before Christmas with a bunch of wine writers. As is usual with writers, they grossly underestimated how much wine they would need. They ordered a single bottle for five people (that assumes two glasses per person means two bottles.) This was totally normal and expected by me, who ordered a pin rose bottle knowing he would never get his fair share amongst such a crowd.

Of course, now I'm interested to see how the rosé is doing in a rose. Rose makes a great dinner wine, particularly the drier varieties, as the capriciousness knows not how the roasting of the food will pair with the wine. If you find yourself with people ordering different foods it is a good wine to order.

The *ROSÉ* follows the consumer trends and doesn't carry much more in winter, usually just whatever is left over from the summer. But if you like things like shrimp or dry, or light by night glass dishes, you should consider a subling as whatever is your absolute white wine with a rose.

The pin rose tends to keep a line in all year round, and if you are feeling broke and hard done by because you got your December credit card bill, then you need to look out to the Saskatoon Co-op or the Willow Park Wine



and Spirits store in Regina and try out a Pin Rose rose, the Terra de Losos.

It's made from grapes that aren't even made to you (Oregon, National and Napa) but make superb wine. The palate is bone dry with great fruit flavors and just enough tannin to send you to let you know you're drinking wine with good meat.

Terra de Losos \$13.99  
More wine in Monday's paper and as always on Twitter @darbois

## Crossword/Sudoku answers

LEWIS	DAD	DWARF
AMISH	ELI	RIVAL
SUNNI	BIG	ATONE
THOR	UM	WHITE
GAY	TRI	PIE
UTE	FEED	MRS
CESTUM	FORESTER	
HULL	ECO	GAHU
PALLADIUM	JAMES	
SLIC	ONE	NETE
KOB	RED	DAW
MERCURY	WELLS	
ANIME	LAY	INERT
RIDGE	AGE	NIDER
TEENY	NED	EPOXY

6	7	4	9	1	5	8	3	2
5	2	1	4	8	3	6	9	7
3	8	9	6	2	7	1	5	4
8	3	6	1	7	9	2	4	5
2	4	5	8	3	6	7	1	9
9	1	7	5	4	2	3	6	8
4	6	3	2	5	1	9	7	3
1	5	8	7	9	8	4	2	6
7	9	2	3	6	4	5	8	1



**We're visiting soon!**  
The Art Institute of Vancouver would love to help you find your creative path.

Join our Assistant Director of Admissions to find out why Al Vancouver is rated as the #1 school in Canada for games by The *Electronic Arts* and how our alumni are receiving accolades around the world in the areas of Culinary Arts, Interior Design, Fashion Design, Graphic Design, Animation, Games, Audio, and Event Management!

Join us on  
Saturday, January 24

Radisson Hotel Saskatoon  
401 20th Street E, Saskatoon

Check in  
9:30 AM

Information Session  
10:00 AM - 12:00 PM

One-on-One Meetings  
12:00 PM - 4:00 PM

To RSVP, go to:  
[alvancouver.com](http://alvancouver.com)

**Al The Art Institute of Vancouver**  
CREATING THE ARTIST

\*Based on The Association to Advance Collegiate Schools of Business International (AACSB) Accredited

**THIS AD WILL BE SEEN BY  
MORE THAN 90,000 PEOPLE.  
IF JUST 50 OF THEM DONATED BLOOD,  
1 CAR ACCIDENT VICTIM COULD BE SAVED.**

**Saskatoon Blood Donor Clinic**  
325 - 20th Street, East  
(Corner of 4th Avenue & 20th Street)

Monday 4 pm - 8 pm  
Tuesday 8 am - 2 pm  
Wednesday 8 am - Noon

Thursday Noon - 8 pm  
Friday 8 am - Noon  
Saturday 9 am - 1 pm

To book an appointment:  
online: [www.blood.ca](http://www.blood.ca)  
phone: 1 888 2 DONATE (1 888 226-6253)

Proudly Sponsored By  
The StarPhoenix

**Canadian Blood Services**  
it's in you to give

**1 888 2 DONATE**

**THIS AD WILL BE SEEN BY  
MORE THAN 90,000 PEOPLE.  
IF JUST 50 OF THEM DONATED BLOOD,  
1 CAR ACCIDENT VICTIM COULD BE SAVED.**

**Saskatoon Blood Donor Clinic**  
**325 - 20th Street, East**  
(Corner of 4th Avenue & 20th Street)

**Monday** 4 pm - 8 pm  
**Tuesday** 8 am - 2 pm  
**Wednesday** 8 am - Noon

**Thursday** Noon - 8 pm  
**Friday** 8 am - Noon  
**Saturday** 9 am - 1 pm

**To book an appointment:**

**online:** [www.blood.ca](http://www.blood.ca)  
**phone:** 1 888 2 DONATE (1-888-236-6283)

**Proudly Sponsored By**  
**The StarPhoenix**



**Canadian Blood Services**  
*it's in you to give*

**1 888 2 DONATE**